



**PROCEDURE FOR CHILD WITH FOOD ALLERGIES  
NON-LIFE THREATENING REACTION**

\_\_\_\_\_  
Child's Name / School / Specific Food Allergy

When a child with a food allergy is suspected of ingesting that specific food item:

- 1) Monitor the child for signs of respiratory distress.\*
- 2) Give Benadryl if available for child.
- 3) Notify parent. If unable to reach parent, notify emergency contact.
- 4) If signs of respiratory distress occur, give Epinephrine if available.

\_\_\_\_\_  
Brand of Epinephrine

- 5) Call 911.
- 6) Document symptoms and reaction.

\_\_\_\_\_  
Parent's Phone Number

\_\_\_\_\_  
Emergency Contact's Phone Number

\*Signs of respiratory distress: Coughing/Wheezing, Throat tightness, Swelling of the lips, tongue, mouth, Shortness of breath, Blue lips.

I understand the above procedure will be followed in the event my child ingests the known food allergen.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
/ Date

\_\_\_\_\_  
School Administrator's Signature

\_\_\_\_\_  
/ Date

**By signing this form, authorization is hereby granted to release this information to appropriate school or bus personnel and classroom teachers as needed.**